ONE DAY AT A TIME

Free the soul from the mind ~ New ways to the height ~ Like the sun we gonna rise

One day at a time
Free the soul from the mind
One day at a time
New ways to the heights
One day at a time
Like the sun we're gonna rise

Never late to be where we meant to be
We have been blessed with beautiful destinies
Not, not more swimming on dreams
Now we are floating with life.

That suffering eventually became the courage To make a change when we were down falling; Not, not more holding it down Now, we are letting it go...

Yes, we had to lose
Just to be able to see
That we deserve to win
Now the wind brings secrets of the supreme.
Push the body, then the mind will follow
Since now we got love for us
Not... we don't got for us not more sorrow

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One day at a time
New ways to the heights
One day at a time
Like the sun we're gonna rise...

Like the sun we gonna rise
Like the waves we will arrive
Like the moon will always shine
Everything is gonna be alright.